



Tel: 018 386 1050
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PALMS RETREAT
 WELLNESS SPA
 ★★★★★

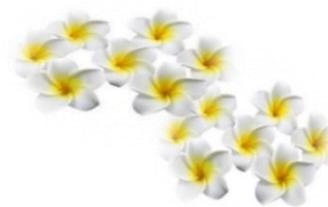


2018

Let this be your healthiest year yet.

Find a way to boost your health and well-being.

Be an inspiration!



PALMS RETREAT PACKAGES

Pamper Express R810

Back, neck & shoulder massage
 Babor calming sensitive facial
 Snack platter, wine or juice
 Gift bag.

Relaxation Delight R1000

Back, neck & shoulder massage
 Babor calming sensitive facial
 Spa manicure
 Snack platter, wine or juice
 Gift bag.

Palms Deluxe R1290

Back, neck & shoulder massage
 Babor calming sensitive facial
 Spa manicure
 Body exfoliation
 Snack platter, wine or juice
 Gift bag.

Palms Retreat Deluxe R1590

Full body massage
 Babor advanced biogen facial
 Spa manicure and pedicure
 Body exfoliation
 Snack platter, wine or juice
 Gift bag.

Pevonia Journey R1180

Welcome drink
 Foot Ritual
[Your feet are immersed in an aromatic bath filled with Eucalyptus, French Sea Salt and Pine Essential Oil. Scrubbed and massaged.]
 Dessert Heat Body Wrap
[Refines skin, Healing, Anti-stress]
 Full Body Massage
[With Micro-Emulsified Oil, Anti-stress, calms & soothes]
 Fruit Platter, wine or juice





MASSAGE THERAPIES

Full body massage [with oil]	60 mins	R330
Stress elimination massage [full body]	60 mins	R380
<i>[With added skin hydration obtained via micro-emulsified oil]</i>		
Back, neck & shoulders [with oil]	30 mins	R180
Back, neck & shoulders [luxury]	30 mins	R220
<i>[With added skin hydration obtained via micro-emulsified oil]</i>		
Anti-stress back treatment	20 mins	R150
<i>[Tension relieving and anti-fatigue]</i>		
Head Massage [scalp]	30 mins	R150
Scalp and hair treatment		R100
<i>[Treats itchy scalp, dandruff, eczema & psoriasis]</i>		
Reflexology massage [foot]	30 mins	R180
Calabash massage	30/60 mins	R225/450
Hot stone therapy	30/60 mins	R220/370



pevonia[®]

Natural ingredients. Professional results.

BODY TREATMENTS and WRAPS

Body exfoliation		R190
Infrared sauna	30 mins	R 80
Aromatic Moor wrap	60 mins	R450
<i>[Tension relieving, anti-fatigue, relieves muscular aches & painful joints, treats rheumatism]</i>		
Green Coffee Cellu-smooth wrap	60 mins	R480
<i>[Slimming & toning, visibly reducing cellulite. Enhances skin's texture, increases metabolism, eliminates toxins, stimulates breaking down of fat cells]</i>		
Dessert Heat wrap	60 mins	R550
<i>[Refines skin mineralizing, healing, anti-stress]</i>		
Tropical Oasis Yoghurt wrap	60 mins	R650
<i>[Repairing, firming, brightening & rejuvenating: Anti-aging must!]</i>		
Lumafirm wrap	90 mins	R1100
<i>[Firm, glow & go! Look youthful and radiant.]</i>		
Cool Leg wrap		R160

HANDS and FEET

Basic spa manicure	60 mins	R160
<i>[Soak, scrub, nail & cuticle care, massage, includes normal varnish]</i>		
Pevonia manicure	60 mins	R210
<i>[As with the basic spa manicure, but with micro-emulsified oil]</i>		
Basic spa pedicure	60 mins	R180
<i>[Soak, scrub, dry skin removal, nail & cuticle care, massage, includes normal varnish]</i>		
Pevonia pedicure	60 mins	R250
<i>[Soak, scrub, dry skin removal, nail & cuticle care, massage, includes normal varnish]</i>		
Callo Peel Foot Treatment	45 mins	R210

[Peel is applied on heels. Feet are immersed in an aromatic whirlpool of eucalyptus, French sea salt & pine essential oil. Nail and cuticle care]

Please note: We do NOT apply gel or acrylic to nails

FACIAL TREATMENTS

[each treatment is 60 mins]

Babor advanced biogen [anti-aging]	R520
Babor calming sensitive [sensitive skin]	R480
Babor pure face [acne & blemish]	R460
Babor perfect combination [oily skin]	R470
Babor energy release [for men]	R450
Doctor Babor skin renewal	R640
<i>[Blemishes, hyperpigmentation, lines & wrinkles]</i>	



BABOR FACIAL

R690

[CALMING OR PURE] + DERMABRATION

An effective skin exfoliation for a deep cleanse. Removes dead skin cells, rough, flaky skin, black heads and also prevents oily skin.

BABOR FACIAL

R750

[CALMING OR PURE] + ELECTROPORATION

An electroporation head for applying anti-aging treatment with Sorisa DermActiv Cosmetics, supplied in a disposable roll-on and specifically designed for this procedure in the electroporation process, the modulated medium frequency [MMF] currents open temporary micropores, which enable the cosmetics to penetrate different skin moisturizing, vascular microstimulation of the skin and has anti-aging effects that are obtained in just a few sessions, prevents and reduces lines and wrinkles.

Dermabration only	R250
Electroporation only	R300
Cryotherapy only	R250
Electroporation neck only	R150

